

Lara

Story 9

Whitney Workbook

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Reading Step

Read the following story. Then translate the sentences into Korean.

Scrub, scrub, scrub, scrub. You need to scrub yourself clean before you go to bed.

When you take a shower, you must always make sure that you wash your hair with shampoo.

When I was younger, my parents used to wash my hair for me.

But not anymore!

I need to do this all by myself, and of course I do it very well.

When you're using a shower head, you need to make sure that the temperature is just right.

Otherwise, it'll be too cold or too hot!

You can catch a cold if the temperature isn't right.

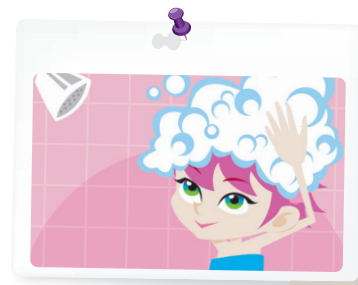
When I'm done with shampooing, I rub the conditioner into my hair.

You're supposed to leave it in for about a minute or two.

I'm not really sure why you're supposed to do so, but I bet it's to make your hair look shiny.

But make sure it doesn't get into your eyes!

It'll sting and make you cry!





Choose the correct answers.

1. What did Sharon's parents do for her when she was younger?

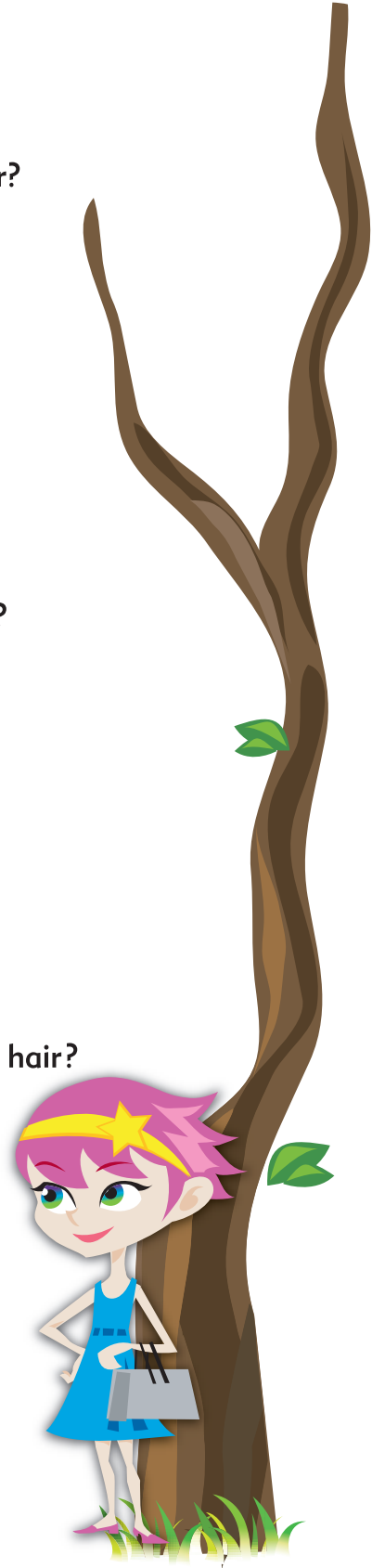
- 1 Wash her hair for her.
- 2 Help her put on moisturizing lotion.
- 3 Draw her bubble baths for her.
- 4 Brush her hair for her.
- 5 Test the temperature of her shower water for her.

2. What happens if the temperature of the shower is not right?

- 1 You can break the shower head.
- 2 Your hair will not look shiny.
- 3 You can catch a cold.
- 4 You can use up all of the hot water in the house.
- 5 You cannot take a shower at all.

3. How long are you supposed to leave the conditioner in your hair?

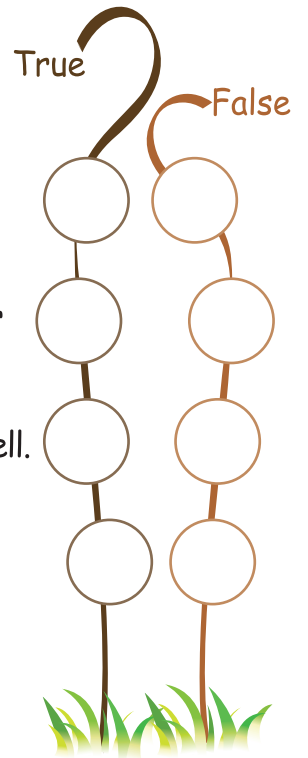
- 1 It does not matter how long you leave it in for.
- 2 1-2 minutes
- 3 3-4 minutes
- 4 More than 5 minutes
- 5 4-5 minutes



Advanced Step

★ **Check True or False.**

- 1 Sharon scrubs herself clean before she goes to bed.
- 2 When Sharon was younger, her parents used to wash her hair for her.
- 3 Sharon washes her hair by herself, but she doesn't do it very well.
- 4 The hair conditioner makes your hair look shiny.



★ **Put the words in order.**

- 1 just right. / need to / the temperature / make sure / You / that / is

- 2 too cold / it'll / or / be / Otherwise, / too hot!

- 3 a minute / supposed to / You're / for about / or two. / leave it in

- 4 get into / Make sure / doesn' t/ your eyes! / it



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: A chool!

B: Bless you. Did you catch a cold?

A: Yeah, I think it's because I took a cold shower this morning.

B: You better go home and get some rest, then.

A: It's no big deal. I don't think I'm that sick.

B: You should go to the nurse's office, just in case.

A: I was thinking about it. Maybe I should.

B: Yeah, it's better safe than sorry.

A: I'm going to the nurse's office right now. Can you go with me?

B: Sure. Let's go.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 You better ~

You better

get some rest or else you'll get sick.
save up some money for our vacation.

2 I was thinking about ~

I was thinking about

you all day.
changing the color of my walls.

3 I'm that / I'm not that ~

You shouldn't think that
Yes, I know I look tall in my picture but

I'm that
I'm not that

dumb.
tall.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 To clean by rubbing or brushing hard	
2 A brief fall of rain: a bath in which water sprays down from above	
3 At present and continuing from a point in the past	
4 The measure of how cold or how hot someone or something	
5 In a different manner: in every way but one	
6 To get hold of a moving object; to hear: understanding: to attack	
7 To move back and forth against something: to push or press on	
8 A device or substance used to improve something in some way	
9 A promise to pay someone an amount of money or something else if the other person is right and you are wrong: to risk; gamble	
10 1. Sending forth light; bright 2. Bright from reflecting light; glistening 3. Glossy from being rubbed or worn smooth	



Reading Step

Read the following story. Then translate the sentences into Korean.

There are colors that match and colors that do not match.

Do black and white match?

Do pink and yellow match?

It's up to you to decide. Before I go to school, I look at my wardrobe and figure out what I need to wear.

I mix and match.

A skirt or pants? Blouse or shirt?

Then I need to choose the color, and this part is the trickiest of all!

And I always need to make sure that I remember to wear my socks.

And most importantly, you must remember to tie your shoelaces before you go out.

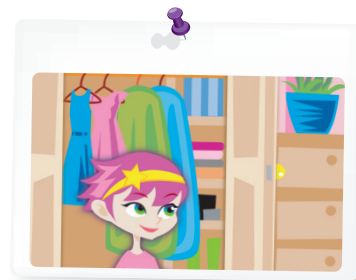
Otherwise, you'll fall and you wouldn't want to get hurt.

Tying my shoelaces was hard at first, but now it's very easy.

I just make two bunny ears, and I'm off to go!

So which colors should I wear today?

Blue or green? Red or yellow?





Choose the correct answers.

1. Who decides what colors match each other?

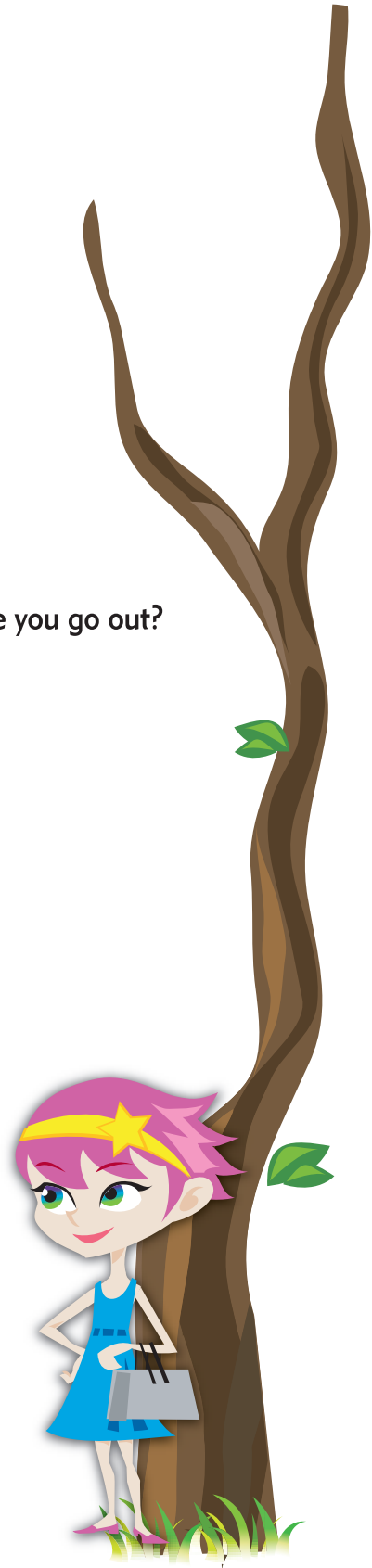
- 1 You decide for yourself.
- 2 The clothes designer
- 3 All colors match with each other.
- 4 Your parents
- 5 Your friends

2. According to Sharon, what is the most important thing to do before you go out?

- 1 To tie your shoelaces.
- 2 To match the colors of your outfit.
- 3 To ask your parents for permission.
- 4 To wear your socks.
- 5 To button your shirt.

3. What happens if you do not tie your shoelaces?

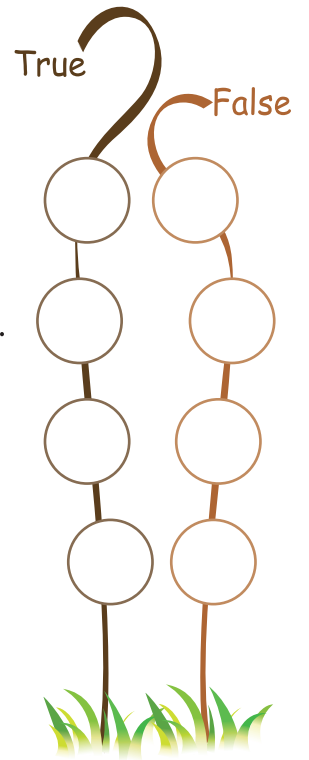
- 1 People will make fun of you.
- 2 Your parents will punish you.
- 3 Your friends will not play with you.
- 4 You will fall.
- 5 Your shoes will get dirtier.



Advanced Step

★ Check True or False.

- 1 Before Sharon goes to school, she asks her mother what she needs to wear.
- 2 Sharon mixes and matches clothes and then chooses the color.
- 3 If you don't tie your shoelaces before you go out, you will fall and hurt yourself.
- 4 Tying shoelaces is still hard for Sharon.



★ Put the words in order.

1 to decide. / It's / you / up to

2 need to / that I remember / I always / make sure / my socks. / to wear

3 your shoelaces / You / to tie / before you / must remember / go out.

4 today? / which colors / So / should / I wear



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: That's a really nice shirt!

B: Thanks! My mom bought it for me last week.

A: It goes really well with the pants you're wearing. Where did she buy it?

B: Oh, at some department store downtown.

A: She has a good eye!

B: Yeah, I'm not good at matching and all that, so I leave it to my mom!

A: Those are really nice shoes!

B: She also bought me these shoes.

A: Are those the limited edition Nike Air Force?

B: Yes, they are. She bought these for my birthday present.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 goes well with ~

The sweater
The sugar in the punch

goes well with

your hair.
the fruit bowl.

2 I'm not good at ~

I'm sorry, but

I'm not good at

golf.
solving math problems.

3 I leave it to ~

I leave it to

my older brother to come pick me up from school.
my girlfriend to help pick the flowers for my mother.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 To be equally or the same as: a small, thin stick of wood or cardboard whose tip is coated at one end with a chemical substance	
2 To make up one's mind: to settle a question or disagreement: judge	
3 A person's clothes: a closet or tall piece of furniture where clothes are kept	
4 A written symbol for a number: the use of numbers in arithmetic; calculation: an amount that is shown in number: a form or shape	
5 To select from a variety: pick; to decide	
6 Using ways that fool; deceitful: difficult to manage; requiring skill and care	
7 Valuable or have great meaning	
8 To attach or fasten with a knot or bow of string, ribbon, or rope: to connect; join together: to cause to have an equal score	
9 To feel pain	
10 Not soft; firm	



Reading Step

Read the following story. Then translate the sentences into Korean.

For Halloween, I need to read a scary story in front of the class.

I went to the children's section of the library to check out a few books.

I'm reading through a series of vampire stories which I find amusing.

I'm not old enough to read the horror books that grownups read, but all of the books that I checked out are so boring!

They're not scary at all! So I've just decided to talk about Count Dracula.

He's one of my favorite characters in horror stories. Dracula was actually a prince who fought in many wars for his home country, Romania.

The legend of Dracula says that he drank other people's blood and even turned into a bat at night!

He can live forever and some people still believe that he's still out there! I wouldn't want to ever see him wander into Smalltown.

That would be too scary. According to the legend, we can drive out Dracula and his vampires by wearing a chain of garlic or by holding a cross.

Maybe I should eat more garlic for Halloween, just in case.





Choose the correct answers.

1. Where did Mary find the books she needed for class?

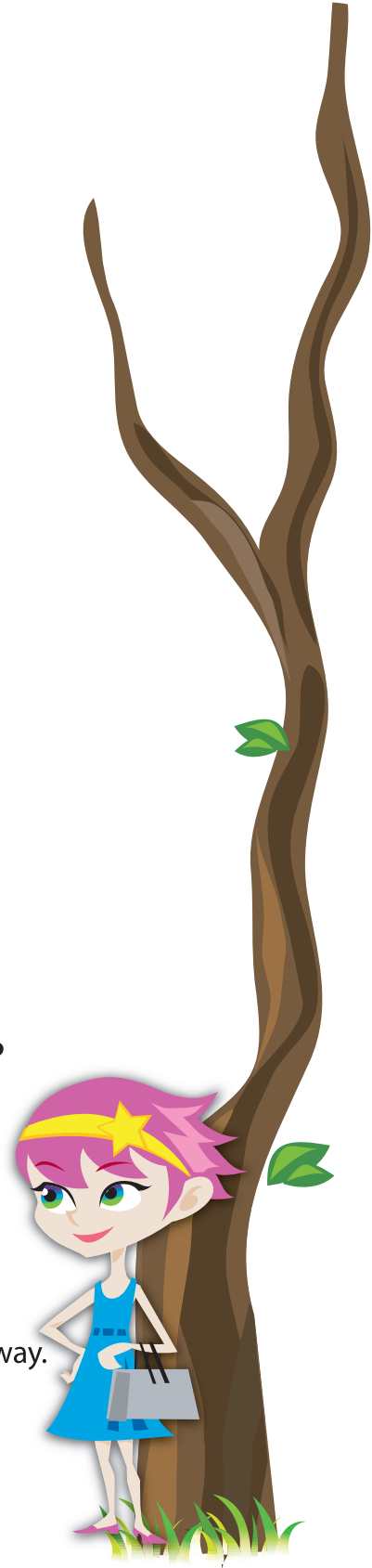
- 1 A book store
- 2 The library
- 3 She borrowed them from a friend.
- 4 Her parents' bookcase
- 5 Her teacher lent them to her.

2. What did she think of the scary books for children?

- 1 They were not helpful in completing her assignment for class.
- 2 They were more interesting than those for adults.
- 3 They were more like horror movies than books.
- 4 They were too scary.
- 5 They were too boring.

3. Why does Mary think she should eat more garlic for Halloween?

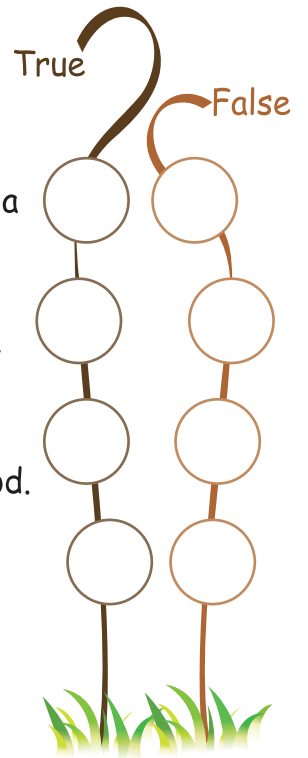
- 1 Because garlic is a good substitute for candy.
- 2 Because her parents think that it is healthy to eat more garlic.
- 3 Because she likes the taste of it.
- 4 Because that was Count Dracula's favorite food.
- 5 Because the legend of Count Dracula says garlic can keep him away.



Advanced Step

★ **Check True or False.**

- 1 Mary went to the children's section of the bookstore to buy a few books.
- 2 Mary has decided to talk about Count Dracula in front of the class on Halloween.
- 3 The legend of Dracula says that he drank other people's blood.
- 4 Everyone believes that he's still out there.



★ **Put the words in order.**

1 through / which I find / vampire stories / amusing. / I'm reading / a series of

2 my favorite / in horror stories. / He's / characters / one of

3 want to / Smalltown. / I wouldn't / ever see him / wander into

4 more garlic / just in case. / Maybe / eat / I should / for Halloween,

★ Answer the questions about the story.

1 What should Mary do in front of the class on Halloween?

2 Who was Dracula?

3 How can we drive out Dracula and his vampires?

★ Fill in the blanks with the correct words.

wander

blood

scary

garlic

character

1 The children like to () from street to street.

2 Put potatoes, bell peppers, and () in a pan.

3 It is () being all alone in the big house.

4 A child's () is greatly influenced by his home environment.

5 Let's take your () pressure and pulse.



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: Wow, it is time for the holidays already.

B: I know, can you believe it?

A: What is your favorite holiday?

B: Halloween is my favorite holiday.

A: Really? Why is that?

B: I'm not sure. But I think the decorations are cute.

A: So do I. But don't you think it is a little too scary?

B: Well, yeah. I guess it can be. But I like things to be just a little scary, as long as you know you are really safe.

A: I guess so. What is your favorite scary part?

B: I like Dracula.

A: Which one is he?

B: Actually, he is a Hollywood monster that is based on a real guy.

A: Oh yeah? When did he live?

B: He was a prince of Romania a long time ago.

A: I hope he stays there this Halloween.

B: We may see some imposters, but the real guy will probably stay home.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 It is time for ~

It is time for

you to take a bath.
us to get going.

2 Don't you think ~ ?

Don't you think

the children will hate our present?
our parents will accept our gift?

3 is based on ~

The movie
The election

is based on

a true story.
a popularity contest.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 A plant from the onion family, it has a strong smell and flavor and is used in cooking	
2 A son or grandson or a king of a queen	
3 Present participle of amuse To make happy; make laugh	
4 1. Causing fright or alarm 2. Easily frightened; timid	
5 A place where a book collection is housed	
6 To move about from place to place without having a goal: to stray from a place, group, or subject: to follow a winding course	
7 A strong feeling of surprise and fear	
8 A very old story that has been told and believed by many people over the years	
9 All of the traits or qualities of someone or something	
10 The red liquid that flows throughout the bodies of humans and many animals	

Think about these questions and discuss them with your friends.

- 1 Who is your favorite character in horror stories? Why do you like him or her?
- 2 Have you ever seen a Dracula movie? If you did, what did he look like?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student	Teacher	Parent	Director



Reading Step

Read the following story. Then translate the sentences into Korean.

There are many constellations in the night sky. A constellation is a group of stars. Of course, the stars are still in the sky during the day; we just can't see them because it's too bright.

At school, my friends and I were looking at this one book about horoscopes and different constellations.

You need to know your own zodiac sign in order to figure out what kind of traits you possess.

I know that it's just for fun, but some people think that you can see into your future with these things!

I'm a Pisces since I was born in February.

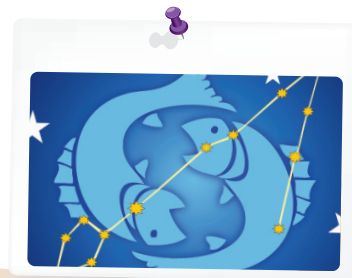
A lot of my friends are Leos. Apparently, there are 12 different zodiac signs: Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

Each one of these represent different months in the old Roman calendar.

I didn't try looking into my future, because that just sounded too complicated.

But according to my horoscope, I'm supposed to be very imaginative and sensitive.

I'm not sure if these things are real, but I hope all the good things they say about Pisces are true!





Choose the correct answers.

1. What is a constellation?

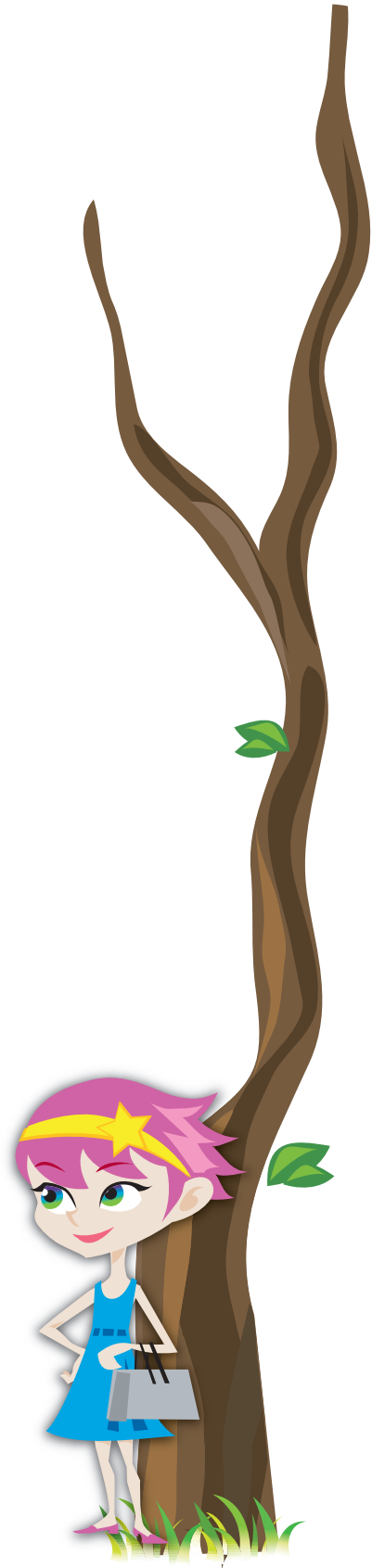
- 1 A book on horoscopes
- 2 A collection of zodiac signs
- 3 A group of stars
- 4 A study of the stars and planets
- 5 A part of the old Roman calendar

2. What is Mary's zodiac sign?

- 1 Leo
- 2 Sagittarius
- 3 Libra
- 4 Pisces
- 5 Virgo

3. What are the twelve zodiac signs?

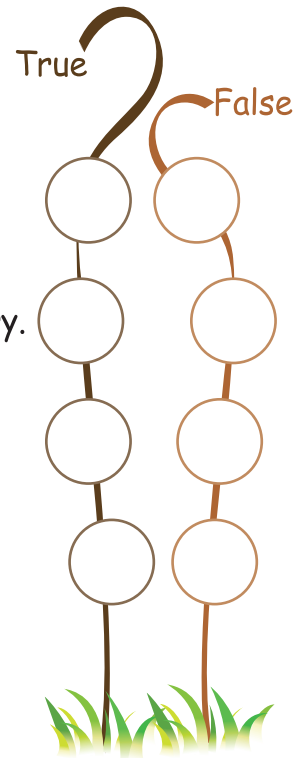
- 1 Different types of animals
- 2 Different months of the old Roman calendar
- 3 Different types of calendars
- 4 Different individual stars
- 5 Different personality types



Advanced Step

★ Check True or False.

- 1 A constellation is a group of clouds.
- 2 Mary's zodiac sign is a Pisces because she was born in February.
- 3 There are 24 different zodiac signs.
- 4 Mary hopes all the good things they say about Pisces are true.



★ Put the words in order.

- 1 in / the night sky. / are / constellations / There / many

- 2 in the sky / during the day. / the stars / Of course, / are still

- 3 in the old / Each one / represent / Roman calendar. / different months / of these

- 4 because / looking into / my future, / that just sounded / too complicated. / I didn't try

★ Answer the questions about the story.

1 What did Mary and her friends do at school?

2 What does the zodiac sign show?

3 What does Mary's horoscope say about her?

★ Fill in the blanks with the correct words.

represent

calendar

possess

trait

sensitive

1 She is very () to the weather.

2 This mark on the map ()s a school.

3 My older sister ()es a good character.

4 One of his most pleasing ()s is kindness.

5 Chuseok is August 15 on the lunar ().



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: What are you looking at?

B: I am looking at a book about horoscopes.

A: Do you believe in that stuff?

B: No. Not really, but I do think they are fun to read about.

A: What are the symbols on the page?

B: Each of the signs has a constellation in the sky and a symbol that goes with it.

A: What sign goes with Pisces?

B: Oh, I like that one, because it is mine. The symbol has two fish swimming in different directions.

A: That's interesting. What is the symbol for Taurus?

B: It is a bull. Is that your sign?

A: Yes, and it is my mother's as well. I am thinking about buying her a charm with her symbol on it for her birthday.

B: Oh, that would be a great present. Many people like to get gifts with their horoscope sign. It makes the gift seem so personal.

A: I am a little worried about getting her a bull, though. It isn't very feminine.

B: Too bad there are no girl bulls.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 looking at ~

What are the people over there
Why are those kids

looking at?
looking at the computer screen?

2 goes with ~

This toy
The wheel

goes with

our kid's meal set.
the brand new car.

3 am worried about ~

I

am worried about

our son.
my father health.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 The second month of the year	
2 A group of stars that form a pattern in the sky	
3 To have as one's property	
4 A special way that someone or something is, looks, or behaves; special quality	
5 Easily affected; reacting readily: sharply aware; having keen feelings or perceptions	
6 Diagram of planetary relationship: the relative position of the stars or planets at a particular moment, especially somebody's time of birth, or a diagram showing this	
7 To form a mental picture of a person or a thing; to make a guess	
8 To stand for; be a sign of; symbolize: to act or speak for	
9 A chart that shows the days, weeks, and months of a year: a schedule of events	

Think about these questions and discuss them with your friends.

- 1 Do you believe in horoscopes? Why or why not?
- 2 Do you know your zodiac sign? If you do, what are the characteristics of your zodiac sign?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student	Teacher	Parent	Director



Reading Step

Read the following story. Then translate the sentences into Korean.

Now I'm not a very good golf player yet,

but I heard that even Michael Jordan played professional golf before.

So it must be fun.

I used to think that it was a very boring game because only my dad seemed to play it.

But in reality, a lot of people enjoy golf.

I've never played out in the field before, but I've watched my dad play several times.

A golf ball is hard, light, and very small.

You put the ball on a tee, which is shaped like a nail.

Then, you're supposed to strike the ball gently with your golf club.

You wouldn't believe how far the ball can go!

There's a trick to holding the club properly,

but it's really complicated.

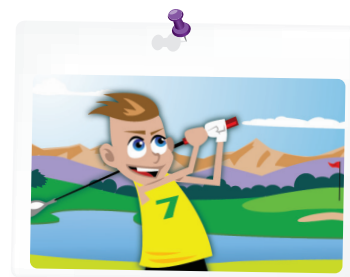
But the best part about being out in the field is that you can ride in the golf carts!

The golf course is huge, and it's surrounded by trees, sand pits, and even small ponds.

So you always need a cart to get around.

When I'm old enough,

I'll challenge my dad to a game out in the field.





Choose the correct answers.

1. Why does Josh think that golf must be fun?

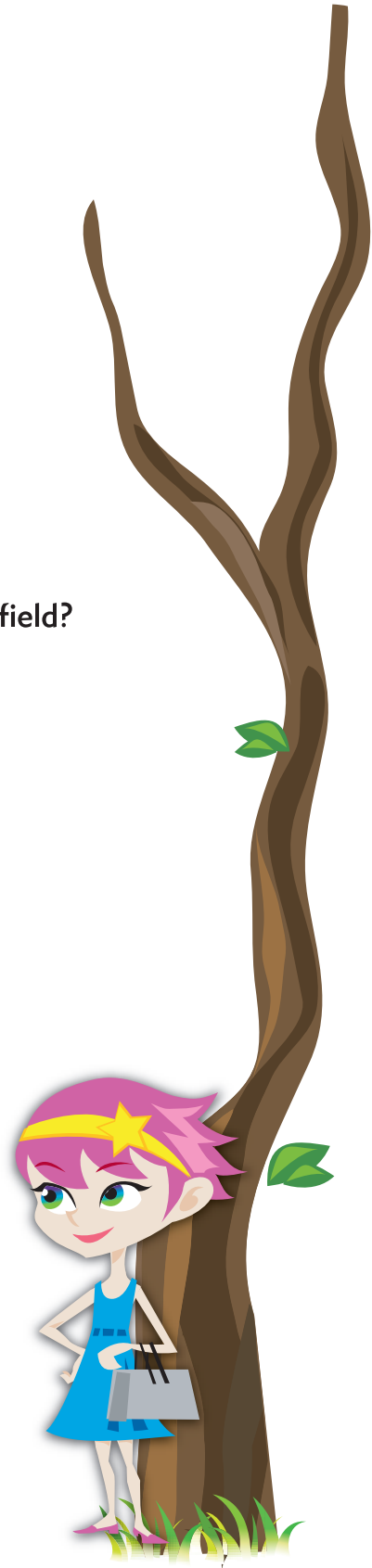
- 1 Because even Michael Jordan played golf before.
- 2 Because you get to drive a cart.
- 3 Because everyone told him it would be fun.
- 4 Because you can have your own clubs.
- 5 Because he has played it with professionals before.

2. According to Josh, what is the best part about being out in the field?

- 1 You can enjoy nature.
- 2 You get to ride in the golf carts.
- 3 You can see how far the ball can really go.
- 4 You get to bring your own clubs.
- 5 You can understand all the complicated rules more clearly.

3. How do you play golf?

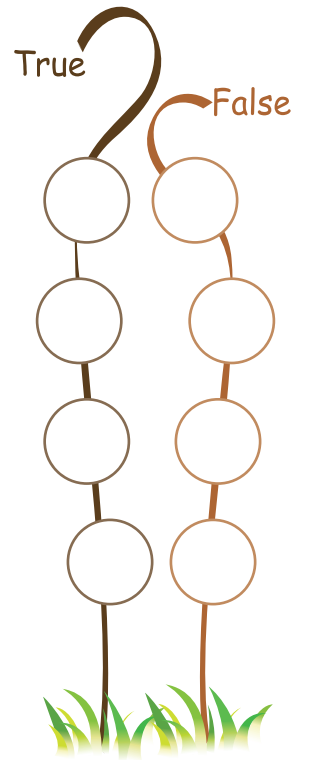
- 1 You kick the ball inside a net.
- 2 You smack it very hard with a racket.
- 3 You bounce the ball up and down.
- 4 You put the ball on a tee and strike it gently with a golf club.
- 5 You throw the ball inside a hoop.



Advanced Step

★ **Check True or False.**

- 1 Josh is a very good golf player.
- 2 A lot of people enjoy golf.
- 3 A golf ball is soft, light, and very small.
- 4 The golf course is huge, and it's surrounded by trees.



★ **Put the words in order.**

1 Michael Jordan / before. / I heard / played / even / professional golf / that

2 on a tee, / put / which is / like a nail. / You / the ball / shaped

3 believe / can go! / You / how far / wouldn't / the ball

4 in the field. / my dad / a game out / I'll / to / challenge

★ Answer the questions about the story.

1 Why did Josh think that golf was a very boring game?

2 What is the next step after putting the ball on a tee?

3 Which basketball player has played professional golf before?

★ Fill in the blanks with the correct words.

believe

around

several

muscular

trick

1 () letters arrived this morning.

2 Everyone ()s that matter is made of atoms.

3 Did you play a () on your brother?

4 We drove () looking for a parking place.

5 He was tall, lean and ().



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: Are these your clubs?

B: Yeah. Aren't they great?

A: You bet. I didn't know you played golf.

B: Yeah, my dad taught me when I was just a little kid.

A: Really? How old were you?

B: I don't know when I actually played a game, but I've been going out with him since I was three.

A: Does he let you drive the cart?

B: He did once, but I crashed it.

A: Oh no. What happened?

B: I got too close to a ditch and the cart rolled over on its side. It was no big deal though. All that was hurt was my pride.

A: Do you know enough about golf to teach me?

B: Well, I've played for a while, but it is always better to take lessons from a golf pro.

A: You've inspired me. I'm going to see if I can find some lessons at the park.

B: That's a great idea. And after you know the basics, we can play together.

A: Think we can drive the cart?

B: I doubt it!





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 going out with ~

I am

She will be

going out with

my boyfriend tonight.

her parents.

2 rolled over ~

The dog

The machine

rolled over

for a treat.

the stone wall.

3 no big deal ~

The teacher said it was

If you can't come today, it's

no big deal

to make a mistake.

you can come tomorrow.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 Having to do with a line of work that requires years of special study: making money and working at something most people enjoy as a hobby or sport	-----
2 An outdoor game played on a special grassy course with a small, hard ball that is hit with various long, thin clubs	-----
3 More than two but not many; some	-----
4 The outline of a person or thing; form: proper order	-----
5 To think that something is true: to suppose; think	-----
6 Something done to deceive or fool: a clever act of skill: a practical joke: to deceive or fool	-----
7 Difficult to do or understand	-----
8 To enclose on all sides; make a boundary or circle around	-----
9 All about in a circle: on all sides: about or near: past	-----
10 To call someone to a fight or a game: to stop and ask for identification	-----



Reading Step

Read the following story. Then translate the sentences into Korean.

Remember to say "Excuse Me" when you sneeze in class!

And remember to say "Bless You" when someone else sneezes.

When it's the cold or the allergy season, it's always a good idea to eat a lot of fruit and drink a lot of water.

Whenever I get a cold, I drink a warm cup of tea.

My mom puts all sorts of things in it, such as honey, lemon extract, and ginger.

It doesn't taste very good, but it soothes my congestion.

And I don't sneeze as much.

Because I usually get a runny nose, I always need to remember to bring enough tissue to school.

It would be embarrassing to have a runny nose in front of everyone.

Before I go to bed, I take my medicine and make sure that I'm wearing enough clothes to keep warm.

When I wake up, my mom makes chicken broth for me so that I don't go to school on an empty stomach.

I hate catching a cold! Aah-choo!!





Choose the correct answers.

1. What should you say if you sneeze in class?

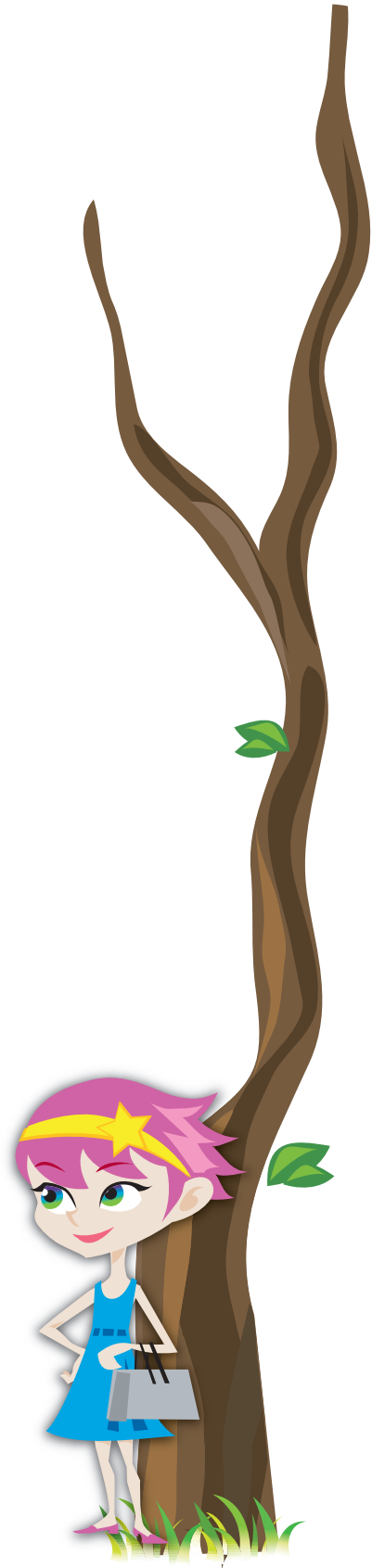
- 1 "Thank you"
- 2 "Bless you"
- 3 "Sorry"
- 4 "Oops"
- 5 "Excuse me"

2. What does Sharon do when she has a cold?

- 1 Wears fewer clothes.
- 2 Eats a lot of fruit.
- 3 Drinks a lot of water.
- 4 Drinks warm tea.
- 5 Sleeps a lot.

3. Why does Sharon's mother make chicken broth for her?

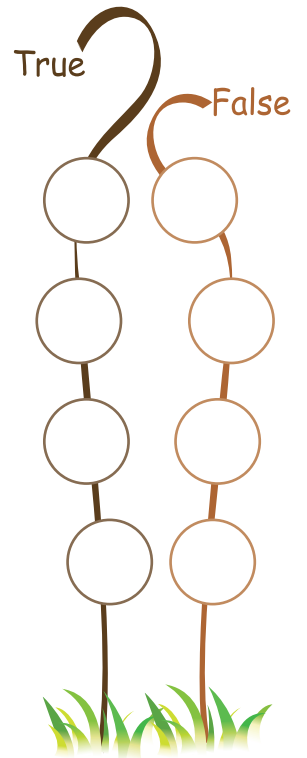
- 1 To cure her cold.
- 2 To cure her allergies.
- 3 To keep her warm.
- 4 So that she has a stronger immune system.
- 5 So that she does not go to school on an empty stomach.



Advanced Step

★ Check True or False.

- 1 Whenever Sharon gets a cold, she drinks a warm cup of tea.
- 2 The tea which Sharon drinks, doesn't taste very good, but it is good for health.
- 3 Sharon sneezes a lot.
- 4 Sharon usually gets a runny nose, so she always needs to remember to bring enough medicine to school.



★ Put the words in order.

- 1 "Excuse Me" / in class! / when you sneeze / Remember to say

- 2 a warm / Whenever / I drink / cup of tea. / get a cold / I

- 3 in front of / It / a runny nose / to have / embarrassing / would be / everyone.

- 4 a cold! / hate / I / catching



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: Everyone's getting sick! I think something is getting around at school.

B: No wonder, a lot of my classmates were absent today.

A: Are you serious? Same here.

B: I better get home early and sleep early.

A: Yeah, you don't want to get sick, you know.

B: I would hate to get sick now! The weather is so nice outside.

A: I know. I'd hate to stay home in this nice weather.

B: You should wash your hands as much as possible.

A: You're right. That will prevent me from getting sick.

B: Also, carry around hand sanitizer with you.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 getting around ~

The flu is
I think the new kids are

getting around

town.
quite fine.

2 hate to ~

I would
He would

hate to

see you leave.
see his room be invaded by insects.

3 as much as possible ~

You should cover your sneeze
We have tried

as much as possible

during the meeting.
to convince them.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 To expel air in a sudden and violent way through the mouth and nose without being able to stop oneself: a sudden, violent burst of air from the mouth and nose	
2 A reaction that a person has to something he or she ate, drank, touched, or breathed	
3 A spice made from the dried and ground root of a tropical plant that is used in food and medicine, it has a strong, sharp smell and a hot taste	
4 To make quiet and relaxed; calm	
5 A condition of overcrowding	
6 Of a liquid or semiliquid consistency that pours or flows; of a consistency that is too thin	
7 Present participle of embarrass: Causing embarrassment	
8 A substance, such as a drug, used to prevent or treat a disease or to relieve pain	
9 Having nothing or no one inside	
10 The large organ like a bag or pouch into which food passes from the mouth and throat to begin the process of digestion: to bear	

Think about these questions and discuss them with your friends.

- 1 What do you do when you catch a cold?
- 2 Have you ever sneezed in class? What did you say to everyone?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student Teacher Parent Director

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Reading Step

Read the following story. Then translate the sentences into Korean.

During PE (Physical Education) class, I had to do all sorts of exercises, including simple gymnastics.

The teacher made us spread out the mats on the gym floor, and then she grouped us in pairs.

We had to help each other roll on the mats in a straight line. It was fun at first but it got really tiring after awhile.

Our teacher even made us do sit ups, push ups, and crunches.

She even timed us on the poles.

Of course, I had the best time in my class.

I even beat some of the older kids!

I hung on the bar for about 30 seconds.

That's really good for somebody my age.

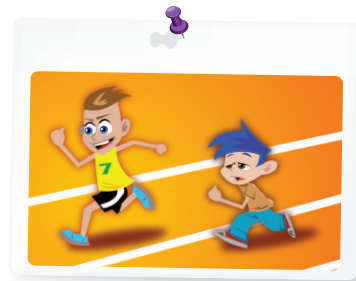
After the workout in the gym, the teacher told us to run 3 laps around the playground.

She told us that running is very good for your cardiovascular health.

Cardiovascular.

I think this word has something to do with breathing and your heart.

It's better to exercise now and keep a healthy body.





Choose the correct answers.

1. According to Josh's PE teacher, what is good for your cardiovascular health?

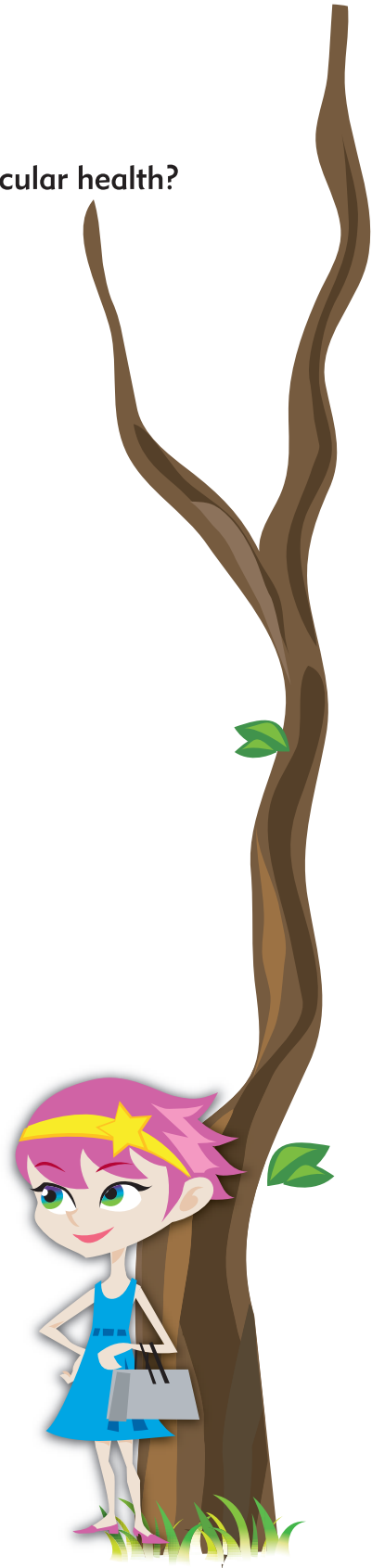
- 1 Swimming
- 2 Sit ups
- 3 Running
- 4 Gymnastics
- 5 Push ups

2. Josh had the best time for which exercise?

- 1 Walking
- 2 Sprinting
- 3 Marathon
- 4 The poles
- 5 Sit ups

3. How long did Josh last on the poles?

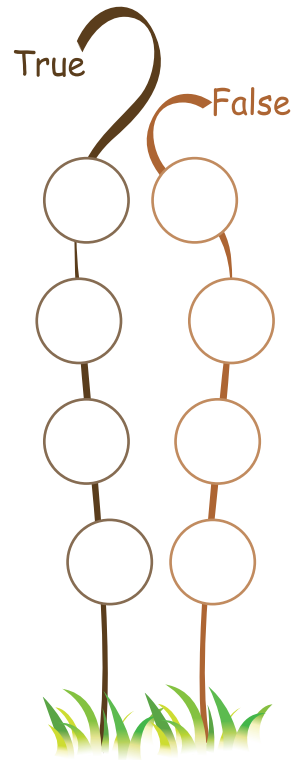
- 1 5 minutes
- 2 10 seconds
- 3 2 minutes
- 4 15 seconds
- 5 30 seconds



Advanced Step

★ **Check True or False.**

- 1 During PE class, Josh had to all sorts of exercises.
- 2 Students had to roll on the mats and it was not fun.
- 3 Josh hung on the bar for about 30 minutes.
- 4 Teacher told them that gymnastics is very good for their cardiovascular health.



★ **Put the words in order.**

- 1 each other / We / roll / in a straight line. / had to/on the mats / help

- 2 at first / after a while. / It was fun / but / it got / really tiring

- 3 some / I / the other kids! / even / beat / of

- 4 this word / something to do / your heart. / I think / has / with breathing / and

★ Answer the questions about the story.

1 What did they have to do on the mats?

2 What is good for somebody Josh's age?

3 What does Josh think about the word Cardiovascular ?

★ Fill in the blanks with the correct words.

straight

better

spread

somebody

exercise

1 Dancers must do ()s daily.

2 () her fingers wide.

3 She has () hair.

4 Which of the twins is the () skater?

5 ()'s been here, but who?



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: P.E. was exhausting today.

B: I know. I thought we were never going to finish those laps.

A: I guess it is good for us, but I wish we could just take a pill or something.

B: Yep! That would be cool, but I guess there aren't any shortcuts to physical health.

A: I'm sure you are right. I want to have a strong heart when I am older.

B: Me too! But I wish working out wasn't so boring.

A: Well, at least the gymnastics were fun.

B: Yeah, that part was a blast!

A: My favorite part was the pole climb. Do you know, I had the best time!

B: Yeah, you even beat the older kids.

A: I bet they were embarrassed.

B: I told them they should improve their cardiovascular strength.

A: That was really rubbing it in!

B: Yeah, but it was fun!





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 There aren't any ~

There aren't any

secret codes to help you cheat in this game.
pencils in this classroom.

2 I'm sure ~

I'm sure

there are many other options.
you'll be able to handle this task.

3 should improve ~

You

should improve

your driving skills.
your English by practicing everyday.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 Not curved, crooked, bent, or wavy: honest; truthful: at once; immediately	<hr/> <hr/>
2 To chew noisily	<hr/> <hr/>
3 A number of people or things gathered together	<hr/> <hr/>
4 An activity, usually a regular or repeated one, that improves or maintains the condition of the mind or body	<hr/> <hr/>
5 To stretch out; open out; unfold: to open wide: to make or become known by many people	<hr/> <hr/>
6 Exercise, especially of a regular sort	<hr/> <hr/>
7 An unknown or unnamed person	<hr/> <hr/>
8 Comparative of good	<hr/> <hr/>
9 To pull air into the lungs and then push it out: to say; utter	<hr/> <hr/>
10 Well, strong, or showing good health	<hr/> <hr/>



Reading Step

Read the following story. Then translate the sentences into Korean.

How hard is it to learn a foreign language?

Very hard!

I've been taking Spanish lessons over the weekend at my Sunday School.

I'm even afraid to go because I know that my teacher is going to give me tons of homework again.

Learning a new language is a great challenge, and it's very difficult at times.

However, I really want to visit Spain when I'm old enough.

When I visit Spain, I want to be able to talk to the natives in Spanish. I wonder if my Spanish will be good enough by then.

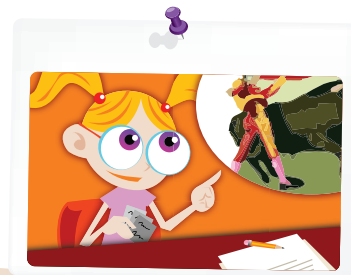
At school, I need to practice my pronunciation and memorize at least 20 words per day!

I'm even going to have a dictation test this weekend, and I'm not very excited.

I've made flash cards so that I can prepare for this weekend's vocabulary quiz.

I still have 10 more words to learn!

But when I think about how great it'll be when I'm able to speak Spanish fluently, I'm glad that I'm taking these lessons on Sundays.





Choose the correct answers.

1. What does Mary do on weekends at Sunday School?

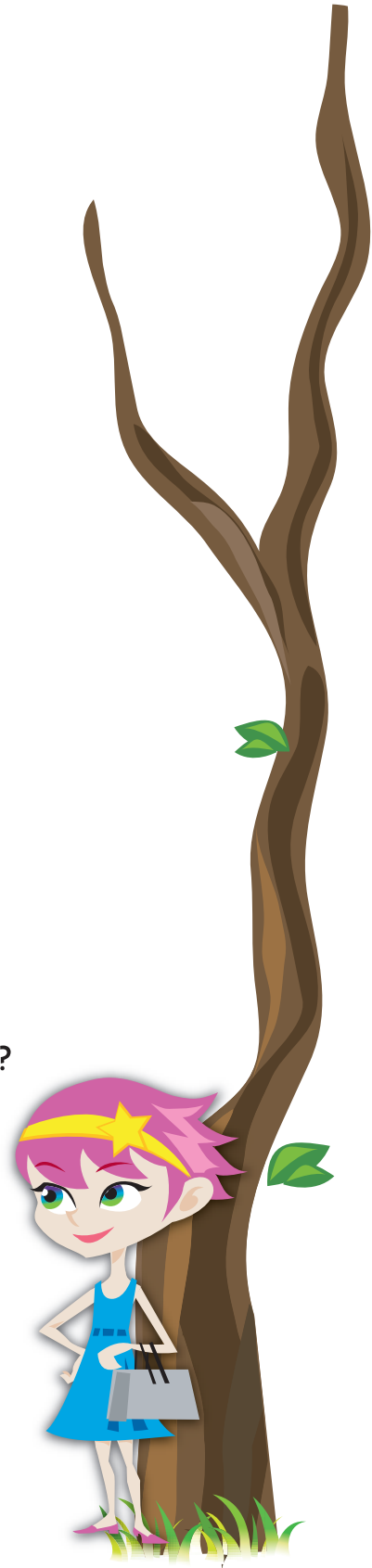
- 1 Take writing lessons.
- 2 Take math lessons.
- 3 Take chemistry lessons.
- 4 Take music lessons.
- 5 Take Spanish lessons.

2. What does Mary want to do when she is old enough?

- 1 Visit Spain and talk to the natives.
- 2 Learn many different languages.
- 3 Visit Asian countries.
- 4 Become a translator for the government.
- 5 Travel around the world.

3. How many vocabulary words does Mary have to learn each week?

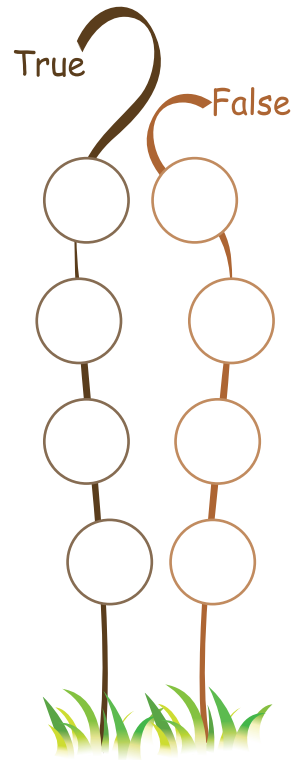
- 1 20
- 2 10
- 3 100
- 4 50
- 5 140



Advanced Step

★ **Check True or False.**

- 1 Mary has been taking French lessons at her Sunday School.
- 2 Mary should memorize at least 20 words per day.
- 3 Mary has made flash cards to prepare for this weekend's vocabulary quiz.
- 4 Mary still has 20 more words to learn.



★ **Put the words in order.**

- 1 to learn / How hard / language? / a foreign / is it

- 2 old enough. / I really / However, / visit Spain / when I'm / want to

- 3 the natives / When I visit / be able to / in Spanish. / Spain, / I want to / talk to

- 4 will be / by then. / I wonder / my Spanish / good enough / if



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: Are you ready for your Spanish test?

B: No. Are you?

A: Well, I have been studying for a long time, but I am not feeling very confident.

B: Me either, but I think I know what I am going to do about it.

A: Really? What is that?

B: My next door neighbor has an exchange student from Spain living with him.

A: Well, that could be a very helpful person to visit this afternoon.

B: That is exactly what I was thinking.

A: Do you think it would be okay if I go with you?

B: I am sure it would be okay.

A: Do you think he will mind teaching us?

B: I don't think so. I intend to do him a favor.

A: What is that?

B: I am going to help him with his English.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 it would be okay ~

Do you think
He told me

it would be okay

if I ate the last cookie?
to paint his car.

2 intend to ~

I

intend to

help out my mother with dinner.
watch a movie tonight.

3 help with ~

Do you need
I should

help with

your homework?
the dishes.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 The written and spoken words of humans: the speech of one group or nation	
2 Not belonging to one's own country: of or coming from another country	
3 People of Spain: the people of Spain	
4 A repeating something over and over so one can improve in skill	
5 The act or way of saying a letter, word, or words	
6 One who was born in a particular place or country	
7 To call someone to a fight or a game: to stop and ask for identification	
8 Smooth-flowing; able to write or speak expressively with ease	
9 The act or process of dictating material to another to be written down or recorded	
10 To get ready	

Think about these questions and discuss them with your friends.

- 1 What language do you want to learn? Why?
- 2 Do you think learning a foreign language is difficult? Why or why not?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student

Teacher

Parent

Director



Reading Step

Read the following story. Then translate the sentences into Korean.

During winter break, I go on a ski trip with my parents.

My older cousins come along, but they don't ski. Instead, they snowboard.

Snowboarding is a lot like skating but it's done on the snow.

My favorite part of the trip is going to the top on the lift.

I can see the entire ski resort from the sky

and the air feels very cool and refreshing.

When I'm gliding down on my skis,

I can feel the cool wind blowing at my face.

Of course, I need to wear the proper protective gear, including my goggles.

The goggles help me see better and they make sure the snow doesn't get into my eyes.

But when I fall or trip over something, it hurts really bad!

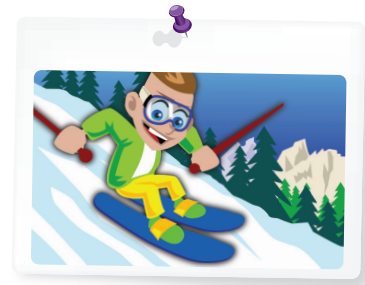
Even with my padding.

I try not to fall and even if I do,

I always get right up to continue down the slope.

My cousins get on their snowboards and do all sorts of fun things like jumping and even twirling in the air!

I wish I could be brave enough to do that, but it sure looks scary!





Choose the correct answers.

1. What does Josh do during winter break?

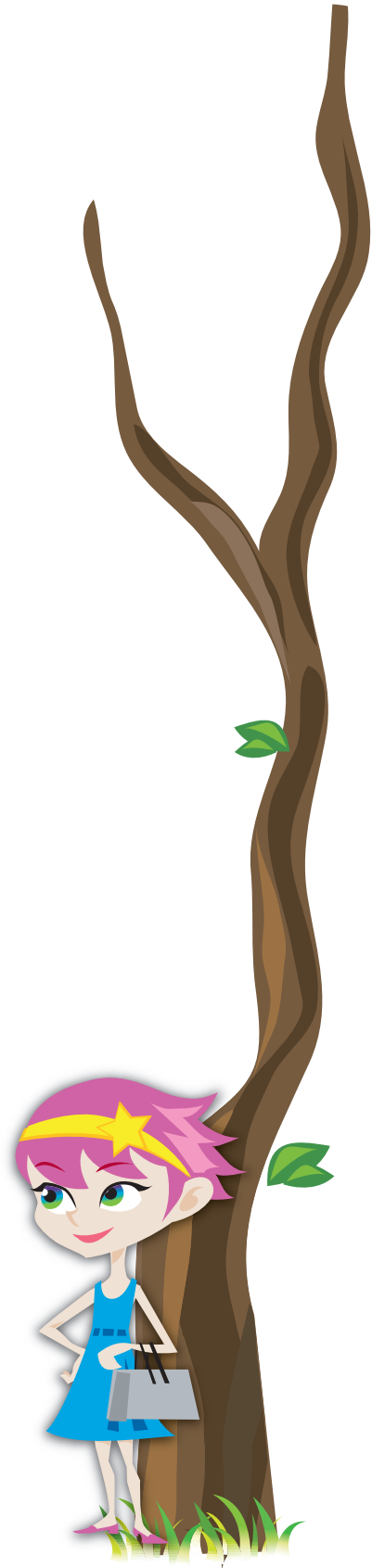
- 1 Goes to the North Pole.
- 2 Makes a snowman with his cousins.
- 3 Goes hiking with his parents.
- 4 Stays home because it's too cold outside.
- 5 Goes skiing with his parents.

2. What does Josh do when he falls?

- 1 He asks his parents for help.
- 2 He cries like a little baby.
- 3 He goes back to his hotel for the day.
- 4 He takes a short rest.
- 5 He continues down the slope.

3. Why is going to the top of the lift Josh's favorite part?

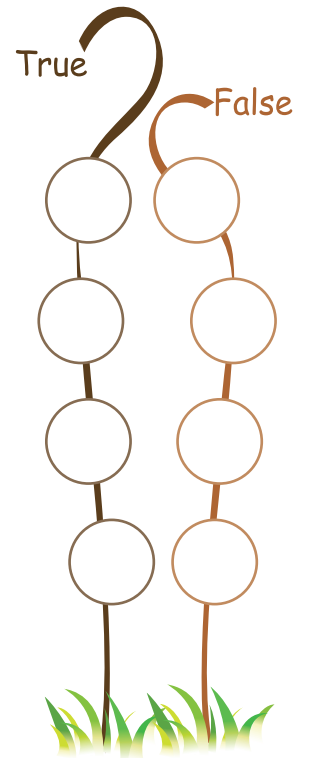
- 1 He is afraid that he will fall off.
- 2 He wants to jump off.
- 3 He enjoys the foul air.
- 4 It means that he will be getting off soon.
- 5 He can see the entire ski resort.



Advanced Step

★ Check True or False.

- 1 Josh goes on a ski trip with his friends.
- 2 Josh's favorite part is going to the top on the lift.
- 3 Josh needs to wear the proper protective gear.
- 4 Josh gets on a snowboard and does all sorts of fun things.



★ Put the words in order.

- 1 but / come along, / My / they / cousins / don't ski. / older

- 2 the snow. / is / but / Snowboarding / like / a lot / it's done / on / skating

- 3 right up / I / the slope. / always / to continue / get / down

- 4 snowboards / My cousins / and do / get on / their / fun things. / all sorts of

★ Answer the questions about the story.

1 When does Josh go on a ski trip?

2 Why does Josh like to go to the top on the lift?

3 What does Josh need to wear?

★ Fill in the blanks with the correct words.

continue

trip

lift

fall

brave

1 The helicopter ()ed supplies to the town.

2 We () in our efforts to improve the quality of our products.

3 The hero was () and wise.

4 He took a () from Cleveland to Pittsburgh.

5 The fields () steeply toward the river.



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: What are you doing?

B: I am helping my dad pack the truck.

A: Looks like a lot of snow gear. You guys going out of town?

B: Yep. We are off to the mountains.

A: Has it snowed?

B: There was a good artificial base already, but we heard the snow came down hard yesterday.

A: Really. So do you think you will have some powder?

B: That is what we are counting on.

A: That is so cool! Do you ski?

B: Yes. But my dad said I could try snowboarding this year. I thought it looked like so much fun last year when my cousins were down for the holidays.

A: I have always wanted to try snowboarding.

B: Maybe we could try to learn together. My dad said I could take lessons.

A: Do you think we could?

B: Why not? Misery loves company! Go ask your mom, I'm sure it will be okay with my dad.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 We are off ~

We are off

to Hawaii.
to the beach for the day.

2 I thought it looked like ~

I thought it looked like

a goofy cartoon character.
a famous painting I saw at a museum.

3 always wanted to ~

I have
He

always wanted to

sky dive.
eat this chocolate cake.

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 A child of one's aunt or uncle	
2 A narrow board equipped with bindings, ridden in a standing or crouching position down snow-covered slopes	
3 A process of going from one place to another place; journey: to catch one's foot against something and then stumble or fall: to make or cause to make an error	
4 To flow or fall in small drops: to move a ball by bounces or light kicks	
5 To raise; pick up	
6 Present participle of refresh	
7 To keep safe from danger or harm; guard; defend	
8 A pair of glasses with a frame that completely encircles the eyes and fits snugly against the face	
9 To drop from a higher to a lower place; the season of the year between summer and winter: autumn	
10 Not afraid; without fear	

Think about these questions and discuss them with your friends.

- 1 Have you ever gone on a ski trip? How was that?
- 2 Do you like winter sports? If yes, why? If no, why not?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student	Teacher	Parent	Director

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Reading Step

Read the following story. Then translate the sentences into Korean.

I started to read books when I was only 2 years old, and I already have a few favorites of my own.

One of my favorite stories was "The Ugly Duckling" by Hans Christian Anderson.

It's a story about an ugly duckling that grows up to be the most beautiful swan.

I hope that one day I'll turn into a beautiful swan, too. I'm not one of the prettiest girls in my class, but I sure do get the best grades!

My mom always tells me that I'm pretty, but I know she's just saying it because she's my mom.

I often read about all the pretty damsels in fairy tales. They all end with "happily ever after".

The damsels are rescued by handsome princes who fall in love with them at first sight!

But who knows? Maybe it wasn't so "happily ever after".

Maybe a smarter princess or a damsel came along and snatched away the prince's heart.

After all, my mom always tells me that "beauty lies in the eye of the beholder".

I'm not exactly sure what this means, but I think she's trying to tell me that I'm beautiful.





Choose the correct answers.

1. Which of the following was one of Mary's favorite stories?

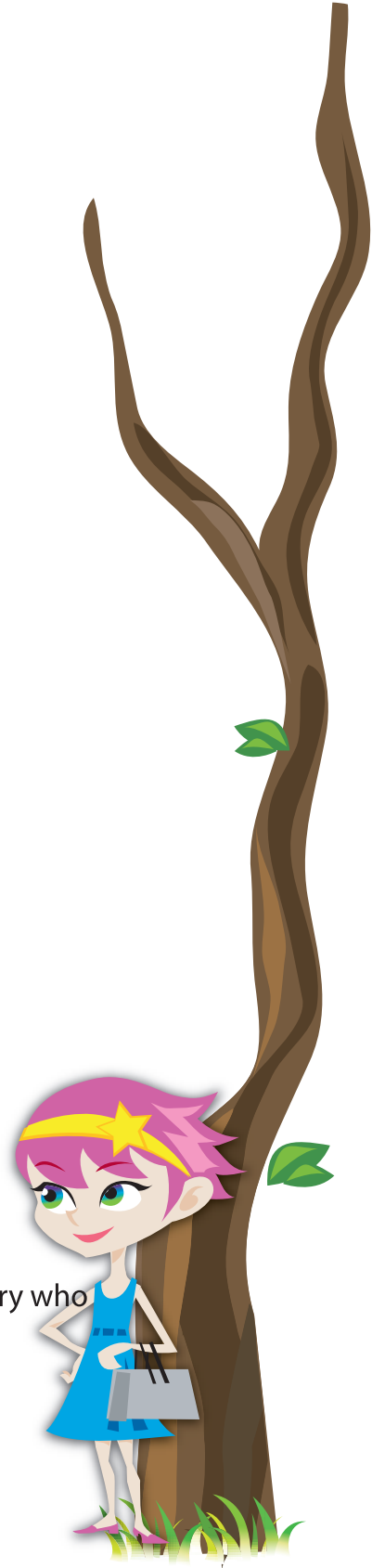
- 1 "Happily Ever After"
- 2 Cinderella
- 3 Little Red Riding Hood
- 4 The Ugly Duckling
- 5 "Beauty Lies in the Eye of the Beholder"

2. Who was Hans Christian Anderson?

- 1 The story did not talk about him.
- 2 He is Mary's classmate.
- 3 He is Mary's teacher.
- 4 He is Mary's father.
- 5 He is the author of Mary's favorite story.

3. Why does Mary hope to become like a beautiful swan?

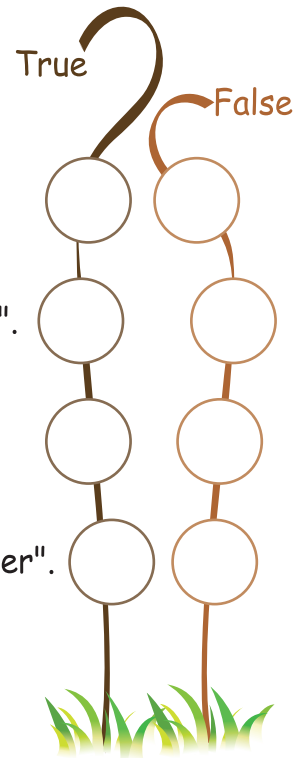
- 1 Because swans can become princesses.
- 2 Because swans are beautiful animals.
- 3 Because swans are her favorite animals.
- 4 Because she compares herself to the ugly duckling in the story who eventually grows up to be beautiful.
- 5 Because swans are intelligent.



Advanced Step

★ Check True or False.

- 1 Mary started to read books when she was only 2 years old.
- 2 Hans Christian Anderson's favorite story was "The Ugly Duckling".
- 3 Mary is one of the prettiest girls in her class.
- 4 Mary thinks the damsels' stories may not be so "happily ever after".



★ Put the words in order.

- 1 one day / a beautiful swan, / I hope that / I'll / too. / turn into

- 2 read about / all the pretty / I often / in fairy tales. / damsels

- 3 it / so / "happily / wasn't / Maybe / ever / after".

- 4 "beauty lies / always tells / me that / of the beholder". / After all, / in the eye / my mom

★ Answer the questions about the story.

1 What is "The Ugly Duckling" about?

2 Why does Mary think her mom tells her that she's pretty?

3 How do all the pretty damsels' stories end?

★ Fill in the blanks with the correct words.

swan beautiful snatch prince rescue

1 Who would have thought that the ugly duckling was a ()?

2 () dogs can find people because they have a great sense of smell.

3 The thief ()ed my purse away.

4 It was more () than I had imagined.

5 Once upon a time there lived a very handsome ().



Conversation Step

Study the following conversation. Then practice speaking with your friends.

A: What do you have there?

B: Oh, just a couple of books.

A: Are they yours?

B: No. I've just come from the library.

A: Did you go by yourself?

B: My mom went with me.

A: I love to read.

B: So do I. My favorite story is "The Ugly Duckling" by Hans Christian Andersen.

A: Isn't that the one where a duck finds out he is really a swan?

B: Yes. It's a good lesson.

A: Really? What do you think it means?

B: I think he is telling everyone that if they don't seem to be like the other people around them, they shouldn't worry.





Useful Expressions

Study the useful expressions and practice speaking with your friends.

1 come from ~

The transfer students
You should see me when you

come from

a far place.
the hill.

2 by yourself

You sure you want to do this all
You ran the marathon all

by yourself?

3 What do you think ~

What do you think

the doctor meant?
about this picture I took?

Review Step

Vocabulary Test (Write the correct words in English and in Korean.)

Definitions	Words
1 To look at; see	
2 Very pleasant to see or hear	
3 1. In a happy way; with pleasure, joy, and gladness 2. By luck; with good fortune	
4 Young duck	
5 A girl or young unmarried woman, originally one of noble birth	
6 To take or grab in a quick or violent way: a little bit	
7 A large water bird, usually white, having a long, slender neck	
8 To save or set free	
9 A son or grandson of a king or a queen	
10 A small imaginary being with magic powers	

Think about these questions and discuss them with your friends.

- 1 Do you like to read books? If yes, what is your favorite story?
- 2 Who is your favorite character in fairy tales? Why do you like him or her?



Choose one of the questions above and write your own opinion about it.



Teacher's Comments

Study Date

Student

Teacher

Parent

Director

Whitney English WE Coursework

Month	Program Name	Course Identification	Level Description	
			Level Name	Index
1	Alphabet	A ~ Z	Starter	1
2	Phonics 1	Vowels	Starter	2
3	Phonics 2		Starter	3
4	Phonics 3		Starter	4
5	Phonics 4		Starter	5
6	Phonics 5	Blends	Starter	6
7	Phonics 6		Starter	7
8	Phonics 7		Starter	8
9	EZ Up 1	Basic 6 Sentences	Basic	1
10	EZ Up 2		Basic	2
11	EZ Up 3	Basic 8 Sentences	Basic	3
12	EZ Up 4		Basic	4
13	EZConversation 1	Conversation	Basic	5
14	EZConversation 2		Basic	6
15	EZConversation 3		Basic	7
16	Primer 1	Basic Reading	Advanced Basic	1
17	Primer 2		Advanced Basic	2
18	Primer 3		Advanced Basic	3
19	Primer 4		Advanced Basic	4
20	EZStory 1	Famous Stories	Advanced Basic	5
21	EZStory 2		Advanced Basic	6
22	EZStory 3		Advanced Basic	7
23	EZStory 4		Advanced Basic	8
24	EZStory 5		Advanced Basic	9
25	EZStory 6		Advanced Basic	10
26	Reading Plus 1	Basic Reading Skills	Advanced Basic	11
27	Diary 1	Diary Writing	Intermediate Starter	1
28	Aesop Fables 1	Aesop Stories	Intermediate Starter	2
29	Diary 2	Diary Writing	Intermediate Starter	3
30	Aesop Fables 2	Aesop Stories	Intermediate Starter	4
31	Diary 3	Diary Writing	Intermediate Starter	5
32	Aesop Fables 3	Aesop Stories	Intermediate Starter	6
33	Diary 4	Diary Writing	Intermediate Starter	7
34	Aesop Fables 4	Aesop Stories	Intermediate Starter	8
35	Diary 5	Diary Writing	Intermediate Starter	9
36	Reading Plus 2	Intermediate Reading Skills	Intermediate Starter	10
37	Lara Story 1	Integrated Reading & Conversation	Intermediate	1
38	Lara Story 2		Intermediate	2
39	Lara Story 3		Intermediate	3
40	Lara Story 4		Intermediate	4
41	Lara Story 5		Intermediate	5
42	Lara Story 6		Intermediate	6
43	Lara Story 7		Intermediate	7
44	Lara Story 8		Intermediate	8
45	Lara Story 9		Intermediate	9
46	Lara Story 10		Intermediate	10
47	Lara Story 11		Intermediate	11
48	Reading Plus 3	Adv. Intermediate Reading Skills	Intermediate	12